



PEER COUNSELOR APPLICATION QUESTIONS

Please answer all questions on your own. This part of the application is both to get to know you and your experiences and to assess your reading and writing skills. Peer counselors assist the consumers they serve in many activities that require these skills. If you need additional space for your answers, you may attach a separate sheet of paper.

1. Describe your experiences with the mental health system. Was it public or private?

[illegible][illegible]

3. To be a Peer Counselor you must be in recovery for at least the past year.

Describe in your own words, recovery or resilience, as it applies to mental health.

4. Based on your experience and knowledge, what are key factors in supporting and working with others?

5. Describe your experience in sharing your own success story verbally. How has this helped to build resiliency or recovery in your own life or the lives of others?

6. Describe your current employment or volunteer work situation. If you are not currently working or volunteering, how do you spend your time?

7. What is your vision of good Peer Support services?

8. Tell us why you believe you would make a good Peer Counselor.

9. Choose characteristic you value about yourself and explain why.

10. What do independence and autonomy mean to you?

11. In what ways do you provide for your own self-care during times of stress?

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- 1) Completed application questions.
- And
- 2) Completed, signed and dated application.

Attention: Bonnie Staples
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